

# Home or Community Based Services

**Adult Day Care** is provided in a community- based setting where the patient is receiving care during the day while the primary caregiver is still working. Churches and community centers may offer this type of care.

**Adult Day Care Centers** are private or non- profit programs that cater to elderly people with pronounced disabilities. Some may specialize in providing services to elders.



**Community-Based Services** are services designed to help older people stay independent and in their own homes. These services include home health care, adult day care, hospice and in some cases assisted-living facilities.

**Home Health Care** is medical and non-medical services provided in your home. These services can be provided by licensed professionals ranging from a home health aide to a registered nurse.