

Long-Term Care Costs - Virginia

Nursing Home Semi-Private Daily Rates

Region	First 3 Zip Code Numbers	Semiprivate High	Semiprivate Low	Semiprivate Average
Alexandria	222	\$247	\$199	\$216
Richmond	232	\$180	\$139	\$160

Nursing Home Private Daily Rates

Region	First 3 Zip Code Numbers	Private High	Private Low	Private Average
Alexandria	222	\$292	\$227	\$260
Richmond	232	\$205	\$149	\$185

Assisted Living Monthly Base Rates

Region	First 3 Zip Code Numbers	High	Low	Average
Alexandria	222	\$4,957	\$3,300	\$3,923
Richmond	232	\$4,000	\$2,392	\$3,396

Home Health Aide Hourly Rates

Region	First 3 Zip Code Numbers	HHA High	HHA Low	HHA Average
Alexandria	222	\$21	\$16	\$19
Richmond	232	\$19	\$14	\$17

Adult Day Care Services

Region	First 3 Zip Code Numbers	HHA High	HHA Low	HHA Average
Alexandria	222	\$96	\$50	\$65
Richmond	232	\$68	\$43	\$55

Note: You may want to add 5%-7% to these figures to get an estimate of 2008 rates.

Source: MetLife Market Survey of Nursing Homes and Home Health Care of 2007

Source: MetLife Market Survey of Assisted Living of 2007