

# Long-Term Care Costs - Vermont

## Nursing Home Semi-Private Daily Rates

Region	First 3 Zip Code Numbers	Semiprivate High	Semiprivate Low	Semiprivate Average
Statewide	All	\$274	\$187	\$224

## Nursing Home Private Daily Rates

Region	First 3 Zip Code Numbers	Private High	Private Low	Private Average
Statewide	All	\$286	\$197	\$236

## Assisted Living Monthly Base Rates

Region	First 3 Zip Code Numbers	High	Low	Average
Statewide	All	\$4,626	\$2,480	\$3,637

## Home Health Aide Hourly Rates

Region	First 3 Zip Code Numbers	HHA High	HHA Low	HHA Average
Statewide	All	\$29	\$19	\$23

## Adult Day Care Services

Region	First 3 Zip Code Numbers	HHA High	HHA Low	HHA Average
Statewide	All	\$165	\$108	\$130

**Note: You may want to add 5% -7% to these figures to get an estimate of the 2008 rates.**

Source: MetLife Market Survey of Nursing Homes and Home Health Care of 2007

Source: MetLife Market Survey of Assisted Living of 2007