

# Long-Term Care Costs - Texas

## Nursing Home Semi-Private Daily Rates

Region	First 3 Zip Code Numbers	Semiprivate High	Semiprivate Low	Semiprivate Average
Austin	787	\$181	\$100	\$128
Dallas/Fort Worth	752 & 761	\$160	\$90	\$126
Houston	770	\$180	\$98	\$125

## Nursing Home Private Daily Rates

Region	First 3 Zip Code Numbers	Private High	Private Low	Private Average
Austin	787	\$236	\$132	\$187
Dallas/Fort Worth	752 & 761	\$200	\$120	\$167
Houston	770	\$223	\$120	\$169

## Assisted Living Monthly Base Rates

Region	First 3 Zip Code Numbers	High	Low	Average
Austin	787	\$4,000	\$2,530	\$3,322
Dallas/Fort Worth	752 & 761	\$3,975	\$1,900	\$2,861
Houston	770	\$3,100	\$1,500	\$2,185

## Home Health Aide Hourly Rates

Region	First 3 Zip Code Numbers	HHA High	HHA Low	HHA Average
Austin	787	\$19	\$16	\$17
Dallas/Fort Worth	752 & 761	\$22	\$16	\$19
Houston	770	\$25	\$14	\$18

## Adult Day Care Services

Region	First 3 Zip Code Numbers	Adult Day Care High	Adult Day Care Low	Adult Day Care Average
Austin	787	\$45	\$25	\$34
Dallas/Fort Worth	752 & 761	\$50	\$30	\$41
Houston	770	\$57	\$28	\$40

**Note: You may want to add 5%-7% to these figures to get an estimate of the 2008 rates.**

Source: MetLife Market Survey of Nursing Homes and Home Health Care of 2007

Source: MetLife Market Survey of Assisted Living of 2007

Senior Care Concepts, 2007

