

# Long-Term Care Costs - Tennessee

## Nursing Home Semi-Private Daily Rates

Region	First 3 Zip Code Numbers	Semiprivate High	Semiprivate Low	Semiprivate Average
Memphis	381	\$160	\$132	\$150
Nashville	372	\$205	\$136	\$164

## Nursing Home Private Daily Rates

Region	First 3 Zip Code Numbers	Private High	Private Low	Private Average
Memphis	381	\$200	\$144	\$169
Nashville	372	\$245	\$149	\$194

## Assisted Living Monthly Base Rates

Region	First 3 Zip Code Numbers	High	Low	Average
Memphis	381	\$3,300	\$2,100	\$2,720
Nashville	372	\$3,290	\$1,900	\$2,501

## Home Health Aide Hourly Rates

Region	First 3 Zip Code Numbers	HHA High	HHA Low	HHA Average
Memphis	381	\$25	\$10	\$16
Nashville	372	\$26	\$19	\$23

## Adult Day Care Services

Region	First 3 Zip Code Numbers	Adult Day Care High	Adult Day Care Low	Adult Day Care Average
Memphis	381	\$45	\$30	\$36
Nashville	372	\$50	\$30	\$40

**Note: You may want to add 5%-7% to these figures to get an estimate of the 2008 rates.**

Source: MetLife Market Survey of Nursing Homes and Home Health Care of 2007

Source: MetLife Market Survey of Assisted Living of 2007