

Long-Term Care Costs - Oregon

Nursing Home Semi-Private Daily Rates

Region	First 3 Zip Code Numbers	Semiprivate High	Semiprivate Low	Semiprivate Average
Eugene	972	\$200	\$155	\$181
Portland	974	\$215	\$175	\$196

Nursing Home Private Daily Rates

Region	First 3 Zip Code Numbers	Private High	Private Low	Private Average
Eugene	972	\$282	\$160	\$212
Portland	974	\$250	\$195	\$214

Assisted Living Monthly Base Rates

Region	First 3 Zip Code Numbers	High	Low	Average
Eugene	972	\$3,275	\$2,240	\$2,700
Portland	974	\$3,130	\$1,540	\$2,428

Home Health Aide Hourly Rates

Region	First 3 Zip Code Numbers	HHA High	HHA Low	HHA Average
Eugene	972	\$21	\$16	\$18
Portland	974	\$23	\$18	\$20

Adult Day Care Services

Region	First 3 Zip Code Numbers	Adult Day Care High	Adult Day Care Low	Adult Day Care Average
Eugene	972	\$180	\$53	\$106
Portland	974	\$120	\$50	\$70

Note: You may want to add 5%-7% to these figures to get an estimate of the 2008 rates.

Source: MetLife Market Survey of Nursing Homes and Home Health Care of 2007

Source: MetLife Market Survey of Assisted Living of 2007