

Long-Term Care Costs - Oklahoma

Nursing Home Semi-Private Daily Rates

Region	First 3 Zip Code Numbers	Semiprivate High	Semiprivate Low	Semiprivate Average
Oklahoma City	731	\$142	\$103	\$121
Tulsa	741	\$140	\$113	\$126

Nursing Home Private Daily Rates

Region	First 3 Zip Code Numbers	Private High	Private Low	Private Average
Oklahoma City	731	\$210	\$115	\$167
Tulsa	741	\$220	\$135	\$163

Assisted Living Monthly Base Rates

Region	First 3 Zip Code Numbers	High	Low	Average
Oklahoma City	731	\$3,295	\$1,450	\$2,153
Tulsa	741	\$3,500	\$1,845	\$2,354

Home Health Aide Hourly Rates

Region	First 3 Zip Code Numbers	HHA High	HHA Low	HHA Average
Oklahoma City	731	\$24	\$12	\$17
Tulsa	741	\$25	\$13	\$19

Adult Day Care Services

Region	First 3 Zip Code Numbers	Adult Day Care High	Adult Day Care Low	Adult Day Care Average
Oklahoma City	731	\$55	\$45	\$47
Tulsa	741	\$108	\$45	\$59

Note: You may want to add 5%-7% to these figures to get an estimate of the 2008 rates.

Source: MetLife Market Survey of Nursing Homes and Home Health Care of 2007

Source: MetLife Market Survey of Assisted Living of 2007