

Long-Term Care Costs - North Dakota

Nursing Home Semi-Private Daily Rates

Region	First 3 Zip Code Numbers	Semiprivate High	Semiprivate Low	Semiprivate Average
Fargo	581	\$226	\$150	\$195

Nursing Home Private Daily Rates

Region	First 3 Zip Code Numbers	Private High	Private Low	Private Average
Fargo	581	\$266	\$168	\$213

Assisted Living Monthly Base Rates

Region	First 3 Zip Code Numbers	High	Low	Average
Fargo	581	\$2,970	\$1,150	\$1,964

Home Health Aide Hourly Rates

Region	First 3 Zip Code Numbers	HHA High	HHA Low	HHA Average
Fargo	581	\$25	\$15	\$18

Adult Day Care Services

Region	First 3 Zip Code Numbers	Adult Day Care High	Adult Day Care Low	Adult Day Care Average
Fargo	581	\$75	\$31	\$48

Note: You may want to add 5%-7% to these figures to get an estimate of the 2008 rates.

Source: MetLife Market Survey of Nursing Homes and Home Health Care of 2007

Source: MetLife Market Survey of Assisted Living of 2007