

# Long-Term Care Costs - North Carolina

## Nursing Home Semi-Private Daily Rates

Region	First 3 Zip Code Numbers	Semiprivate High	Semiprivate Low	Semiprivate Average
Charlotte	282	\$195	\$150	\$168
Raleigh	276	\$197	\$130	\$162

## Nursing Home Private Daily Rates

Region	First 3 Zip Code Numbers	Private High	Private Low	Private Average
Charlotte	282	\$215	\$155	\$180
Raleigh	276	\$222	\$148	\$183

## Assisted Living Monthly Base Rates

Region	First 3 Zip Code Numbers	High	Low	Average
Charlotte	282	\$4,350	\$2,000	\$3,142
Raleigh	276	\$3,270	\$1,650	\$2,689

## Home Health Aide Hourly Rates

Region	First 3 Zip Code Numbers	HHA High	HHA Low	HHA Average
Charlotte	282	\$18	\$13	\$16
Raleigh	276	\$23	\$16	\$19

## Adult Day Care Services

Region	First 3 Zip Code Numbers	Adult Day Care High	Adult Day Care Low	Adult Day Care Average
Charlotte	282	\$66	\$48	\$55
Raleigh	276	\$60	\$27	\$44

**Note: You may want to add 5%-7% to these figures to get an estimate of the 2008 rates.**

Source: MetLife Market Survey of Nursing Homes and Home Health Care of 2007

Source: MetLife Market Survey of Assisted Living of 2007