

Long-Term Care Costs - New York

Nursing Home Semi-Private Daily Rates

Region	First 3 Zip Code Numbers	Semiprivate High	Semiprivate Low	Semiprivate Average
New York	100	\$460	\$240	\$340
Rochester	146	\$310	\$230	\$285
Syracuse	132	\$311	\$235	\$268

Nursing Home Private Daily Rates

Region	First 3 Zip Code Numbers	Private High	Private Low	Private Average
New York	100	\$476	\$250	\$352
Rochester	146	\$317	\$250	\$298
Syracuse	132	\$311	\$245	\$273

Assisted Living Monthly Base Rates

Region	First 3 Zip Code Numbers	High	Low	Average
New York	100	\$4,800	\$1,100	\$3,044
Rochester	146	\$4,000	\$1,945	\$2,798
Syracuse	132	\$4,300	\$2,300	\$3,165

Home Health Aide Hourly Rates

Region	First 3 Zip Code Numbers	HHA High	HHA Low	HHA Average
New York	100	\$18	\$15	\$16
Rochester	146	\$23	\$21	\$22
Syracuse	132	\$34	\$16	\$21

Adult Day Care Services

Region	First 3 Zip Code Numbers	Adult Day Care High	Adult Day Care Low	Adult Day Care Average
New York	100	\$185	\$40	\$114
Rochester	146	\$167	\$37	\$74
Syracuse	132	\$120	\$23	\$81

Note: You may want to add 5%-7% to these figures to get an estimate of the 2008 rates.

Source: MetLife Market Survey of Nursing Homes and Home Health Care of 2007

Source: MetLife Market Survey of Assisted Living of 2007