

Long-Term Care Costs - New Hampshire

Nursing Home Semi-Private Daily Rates

| Region | First 3 Zip Code Numbers | Semiprivate High | Semiprivate Low | Semiprivate Average |
|------------|--------------------------|------------------|-----------------|---------------------|
| Manchester | 031 | \$274 | \$183 | \$233 |

Nursing Home Private Daily Rates

| Region | First 3 Zip Code Numbers | Private High | Private Low | Private Average |
|------------|--------------------------|--------------|-------------|-----------------|
| Manchester | 031 | \$292 | \$200 | \$243 |

Assisted Living Monthly Base Rates

| Region | First 3 Zip Code Numbers | High | Low | Average |
|------------|--------------------------|---------|---------|---------|
| Manchester | 031 | \$6,780 | \$2,550 | \$4,866 |

Home Health Aide Hourly Rates

| Region | First 3 Zip Code Numbers | HHA High | HHA Low | HHA Average |
|------------|--------------------------|----------|---------|-------------|
| Manchester | 031 | \$27 | \$21 | \$24 |

Adult Day Care Services

| Region | First 3 Zip Code Numbers | Adult Day Care High | Adult Day Care Low | Adult Day Care Average |
|------------|--------------------------|---------------------|--------------------|------------------------|
| Manchester | 031 | \$64 | \$55 | \$57 |

Note: You may want to add 5%-7% to these figures to get an estimate of the 2008 rates.

Source: MetLife Market Survey of Nursing Homes and Home Health Care of 2007

Source: MetLife Market Survey of Assisted Living of 2007