

Long-Term Care Costs - Nebraska

Nursing Home Semi-Private Daily Rates

Region	First 3 Zip Code Numbers	Semiprivate High	Semiprivate Low	Semiprivate Average
Omaha	681	\$190	\$135	\$167

Nursing Home Private Daily Rates

Region	First 3 Zip Code Numbers	Private High	Private Low	Private Average
Omaha	681	\$249	\$150	\$200

Assisted Living Monthly Base Rates

Region	First 3 Zip Code Numbers	High	Low	Average
Omaha	681	\$4,020	\$1,905	\$2,915

Home Health Aide Hourly Rates

Region	First 3 Zip Code Numbers	HHA High	HHA Low	HHA Average
Omaha	681	\$35	\$18	\$21

Adult Day Care Services

Region	First 3 Zip Code Numbers	Adult Day Care High	Adult Day Care Low	Adult Day Care Average
Omaha	681	\$65	\$17	\$45

Note: You may want to add 5%-7% to these figures to get an estimate of 2008 rates.

Source: MetLife Market Survey of Nursing Homes and Home Health Care of 2007

Source: MetLife Market Survey of Assisted Living of 2007