

Long-Term Care Costs - Minnesota

Nursing Home Semi-Private Daily Rates

Region	First 3 Zip Code Numbers	Semiprivate High	Semiprivate Low	Semiprivate Average
Minneapolis	554	\$225	\$125	\$182
Rochester	559	\$200	\$125	\$150
Saint Paul	551	\$225	\$125	\$182

Nursing Home Private Daily Rates

Region	First 3 Zip Code Numbers	Private High	Private Low	Private Average
Minneapolis	554	\$257	\$150	\$210
Rochester	559	\$205	\$132	\$168
Saint Paul	551	\$257	\$150	\$210

Assisted Living Monthly Base Rates

Region	First 3 Zip Code Numbers	High	Low	Average
Minneapolis	554	\$4,805	\$1,230	\$2,631
Rochester	559	\$4,250	\$1,625	\$2,675
Saint Paul	551	\$4,400	\$1,700	\$2,515

Home Health Aide Hourly Rates

Region	First 3 Zip Code Numbers	HHA High	HHA Low	HHA Average
Minneapolis	554	\$32	\$16	\$24
Rochester	559	\$40	\$19	\$30
Saint Paul	551	\$32	\$16	\$24

Adult Day Care Services

Region	First 3 Zip Code Numbers	Adult Day Care High	Adult Day Care Low	Adult Day Care Average
Minneapolis	554	\$156	\$59	\$82
Rochester	559	\$55	\$32	\$46
Saint Paul	551	\$156	\$59	\$82

Note: You may want to add 5%-7% to these numbers to get an estimate of the 2008 rates.

Source: MetLife Market Survey of Nursing Homes and Home Health Care of 2007

Source: MetLife Market Survey of Assisted Living of 2007

Senior Care Concepts, 2007