

Long-Term Care Costs - Massachusetts

Nursing Home Semi-Private Daily Rates

Region	First 3 Zip Code Numbers	Semiprivate High	Semiprivate Low	Semiprivate Average
Boston	021	\$315	\$201	\$276
Worcester	016	\$320	\$235	\$273

Nursing Home Private Daily Rates

Region	First 3 Zip Code Numbers	Private High	Private Low	Private Average
Boston	021	\$350	\$210	\$297
Worcester	016	\$320	\$257	\$287

Assisted Living Monthly Base Rates

Region	First 3 Zip Code Numbers	High	Low	Average
Boston	021	\$6,200	\$3,000	\$4,528
Worcester	016	\$5,280	\$3,600	\$4,324

Home Health Aide Hourly Rates

Region	First 3 Zip Code Numbers	HHA High	HHA Low	HHA Average
Boston	021	\$30	\$19	\$23
Worcester	016	\$28	\$17	\$23

Adult Day Care Services

Region	First 3 Zip Code Numbers	Adult Day Care High	Adult Day Care Low	Adult Day Care Average
Boston	021	\$85	\$52	\$61
Worcester	016	\$75	\$45	\$59

Note: you may want to add 5%-7% to these figures to get an estimate of the 2008 rates.

Source: MetLife Market Survey of Nursing Homes and Home Health Care of 2007

Source: MetLife Market Survey of Assisted Living of 2007