

Long-Term Care Costs - Maine

Nursing Home Semi-Private Daily Rates

Region	First 3 Zip Code Numbers	Semiprivate High	Semiprivate Low	Semiprivate Average
Brunswick	040	\$315	\$190	\$229

Nursing Home Private Daily Rates

Region	First 3 Zip Code Numbers	Private High	Private Low	Private Average
Brunswick	040	\$314	\$210	\$259

Assisted Living Monthly Base Rates

Region	First 3 Zip Code Numbers	High	Low	Average
Brunswick	040	\$5,512	\$3,255	\$4,287

Home Health Aide Hourly Rates

Region	First 3 Zip Code Numbers	HHA High	HHA Low	HHA Average
Brunswick	040	\$24	\$17	\$20

Adult Day Care Services

Region	First 3 Zip Code Numbers	Adult Day Care High	Adult Day Care Low	Adult Day Care Average
Brunswick	040	\$114	\$48	\$87

Note: You may want to add 5%-7% to these figures to get an estimate of the 2008 rates.

Source: MetLife Market Survey of Nursing Homes and Home Health Care of 2007

Source: MetLife Market Survey of Assisted Living of 2007