

Long-Term Care Costs - Iowa

Nursing Home Semi-Private Daily Rates

| Region | First 3 Zip Code Numbers | Semiprivate High | Semiprivate Low | Semiprivate Average |
|------------|--------------------------|------------------|-----------------|---------------------|
| Des Moines | 503 | \$182 | \$119 | \$145 |

Nursing Home Private Daily Rates

| Region | First 3 Zip Code Numbers | Private High | Private Low | Semiprivate Average |
|------------|--------------------------|--------------|-------------|---------------------|
| Des Moines | 503 | \$212 | \$130 | \$158 |

Assisted Living Monthly Rates

| Region | First 3 Zip Code Numbers | High | Low | Average |
|------------|--------------------------|---------|---------|---------|
| Des Moines | 503 | \$3,120 | \$1,800 | \$2,612 |

Home Health Aide Hourly Rates

| Region | First 3 Zip Code Numbers | HHA High | HHA Low | HHA Average |
|------------|--------------------------|----------|---------|-------------|
| Des Moines | 503 | \$40 | \$18 | \$24 |

Adult Day Care Services

| Region | First 3 Zip Code Numbers | Adult Day Care High | Adult Day Care Low | Adult Day Care Average |
|------------|--------------------------|---------------------|--------------------|------------------------|
| Des Moines | 503 | \$50 | \$45 | \$47 |

Note: You may want to add 5% -7% to these figures to get an estimate of the 2008 rates.

Source: MetLife Market Survey of Nursing Homes and Home Health Care of 2007

Source: MetLife Market Survey of Assisted Living of 2007