

Long-Term Care Costs - California

Nursing Home Semi-Private Daily Rates

Region	First 3 Zip Code Numbers	Semiprivate High	Semiprivate Low	Semiprivate Average
Los Angeles	900	\$200	\$140	\$169
San Diego	921	\$300	\$133	\$190
San Francisco	941	\$320	\$185	\$224

Nursing Home Private Daily Rates

Region	First 3 Zip Code Numbers	Private High	Private Low	Private Average
Los Angeles	900	\$300	\$150	\$215
San Diego	921	\$325	\$167	\$238
San Francisco	941	\$471	\$235	\$371

Assisted Living Monthly Base Rates

Region	First 3 Zip Code Numbers	High	Low	Average
Los Angeles	900	\$4,000	\$1,600	\$2,381
San Diego	921	\$3,929	\$1,995	\$2,811
San Francisco	941	\$3,900	\$2,150	\$3,305

Home Health Aide Hourly Rates

Region	First 3 Zip Code Numbers	HHA High	HHA Low	HHA Average
Los Angeles	900	\$28	\$15	\$19
San Diego	921	\$23	\$18	\$20
San Francisco	941	\$26	\$15	\$23

Adult Day Care Services

Region	First 3 Zip Code Numbers	Adult Day Care High	Adult Day Care Low	Adult Day Care Average
Los Angeles	900	\$78	\$32	\$62
San Diego	921	\$85	\$57	\$72
San Francisco	941	\$80	\$29	\$62

Note: You may want to add 5%-7% to these figures to get an estimate of 2008 rates.

Source: MetLife Market Survey of Nursing Homes and Home Health Care of 2007

Source: MetLife Market Survey of Assisted Living of 2007

