

Long-Term Care Costs - Alaska

Nursing Home Semi-Private Daily Rates

Region	First 3 Zip Code Numbers	Semiprivate High	Semiprivate Low	Semiprivate Average
Statewide	All	\$641	\$380	\$504

Nursing Home Private Daily Rates

Region	First 3 Zip Code Numbers	Private High	Private Low	Private Average
Statewide	All	\$650	\$380	\$510

Assisted Living Monthly Base Rates

Region	First 3 Zip Code Numbers	High	Low	Average
Statewide	All	\$5,100	\$2,240	\$3,978

Home Health Aide Hourly Rates

Region	First 3 Zip Code Numbers	HHA High	HHA Low	HHA Average
Statewide	All	\$30	\$21	\$24

Adult Day Care Services

Region	First 3 Zip Code Numbers	Adult Day Care High	Adult Day Care Low	Adult Day Care Average
Statewide	All	\$120	\$35	\$67

Note: You may want to add 5%-7% to these figures to get an estimate of the 2008 rates.

Source: MetLife's Market Survey of Nursing Homes and Home Health Care of 2007

Source: MetLife's Market Survey of Assisted Living of 2007