

Long-Term Care Costs - Alabama

Nursing Home Semi-Private Daily Rates

Region	First 3 Zip Code Numbers	Semiprivate High	Semiprivate Low	Semiprivate Average
Birmingham	352	\$117	\$140	\$153
Montgomery	361	\$214	\$139	\$163

Nursing Home Private Daily Rates

Region	First 3 Zip Code Numbers	Private High	Private Low	Private Average
Birmingham	352	\$182	\$150	\$160
Montgomery	361	\$234	\$148	\$173

Assisted Living Monthly Base Rates

Region	First 3 Zip Code Numbers	High	Low	Average
Birmingham	352	\$4,125	\$1,775	\$2,802
Montgomery	361	\$3,003	\$1,700	\$2,324

Home Health Aide Hourly Rates

Region	First 3 Zip Code Numbers	HHA High	HHA Low	HHA Average
Birmingham	352	\$18	\$12	\$15
Montgomery	361	\$18	\$13	\$14

Adult Day Care Services

Region	First 3 Zip Code Numbers	Adult Day Care High	Adult Day Care Low	Adult Day Care Average
Birmingham	352	\$75	\$20	\$40
Montgomery	361	\$25	\$15	\$21

Note: You may want to add 5%-7% to these figures to get an estimate of the 2008 rates.

Source: MetLife Market Survey of Nursing Homes and Home Health Care of 2007

Source: MetLife Market Survey of Assisted Living of 2007